Digital Arts and Technology Academy

1011 Lamberton Pl NE, Albuquerque NM 87107 505-341-0888
https://datacharter.org/

School Counselor gr10-12, 504s
Aubree Boivin (she/her)
aubree.boivin@datacharter.org
505-341-0888 ext 229

School Counselor gr7-9
Zac Craig (he/him)
Zachary.Craig@datacharter.org
505-341-0888 ext 228

School Social Worker (students with IEPs)
Laura Martinez, LMSW (she/her)
Laura.Martinez@datacharter.org
505-341-0888 ext 251

School Nurse
Richard Romero, RN (he/him)
richard.romero@datacharter.org
505-341-0888 ext 246

Referral Resources For Students & Families

Healthcare:

NM Alliance for School-Based Healthcare
School-based health centers (SBHCs) run by UNM.
Clinics see everyone regardless of insurance or immigration status.
Services provided: confidential sexual and reproductive health, confidential mental health services and psychiatry, & routine medical care.
Website: https://www.nmasbhc.org/
Phone: 505-272-5132.

Mental Health Counseling / Psychotherapy

Southwest Family Guidance Center & Institute
Assessments, Individual and Family Therapy, School and Home-Based Therapy, 2612 Texas St NE, Albuquerque, NM 87110
Phone: 505-830-1871
Website: http://swfamily.com

Cottonwood Counseling LLC
Individual and Family Therapy, Play Therapy, EMDR
6300 Riverside Plaza Lane NW, Suite 260 Albuquerque, NM 87120 Phone: 505-266-2839
Website: https://cottonwood-counseling.com

Awake & Aware
DBT, Intensive Outpatient, Mindfulness and Alternative Healing (adolescents & adults)
10555 Montgomery Blvd. NE Bldg. 2 Albuquerque, NM 87111 Phone: 505- 503-7946
Email: info@awakeawareabq.com
Website: https://www.awakeawareabq.com

Thrive Counseling Services, LLC
Mental health counseling group practice
Albuquerque Office: 6000 Uptown Blvd NE #305, Albuquerque, NM 87110
Rio Rancho Office: 4011 Barbara Loop SE #208, Rio Rancho, NM 87124
Phone: (505) 219-1125
Website: https://www.thrivecounselingabq.com/

Age to Age Counseling
Outpatient Mental Health Counseling Services
5916 Anaheim Avenue Northeast, Albuquerque, New Mexico 87113
Phone: 505-291-6314
Website: https://agetoage.net

Elevation Counseling
Mental health counseling group practice
6612 Gulton Ct. NE, ABQ NM 87109 Phone: 505-888-1686
Email: office@elevationcounseling.com
Website: https://www.elevationcounseling.com/

Mindful Counseling, LLC
Mental health counseling group practice
Two ABQ locations:
4619 Greene St., N.W., Suite C & 4004 Carlisle Blvd., N.E., Suite Q Phone: 505-899-9329
Email: mindfulcounselingllc@gmail.com
Website: http://www.mindfulcounseling.org/index.html

Life Change Psychotherapy Institute
Adult psychotherapy for individuals, couples, and groups, art therapy, and sand tray
Phone: (505) 271- 5050
Email: Staff@lifechangetherapy.net
Website: https://lifechangetherapy.net/

The Grief Center
Support Groups
Phone: 505-323-0478
Website: https://childrensgrief.org
Email: info@childrensgrief.org

Dr. Sarah Steele, Psy.D. LLC
Psychological Evaluations and Psychotherapy
2811 Indian School Road NE, Albuquerque NM 87106
Phone: 505-720-7029
Website: http://albuquerquepsychologist.org/index.html

Counseling Associates of Albuquerque, LLC
Denette Varley, LMFT, LSAA
Individual Psychotherapy for Adolescents / Teens, Mood Disorders, SI, LGBTQI

4004 Carlisle Blvd. NE, Suite J, Albuquerque NM 87107
Phone: 505-414-3883
Website: http://therapynm.com/therapists.html

Stefanie Juliano, LPCC
Therapy for Teens and Families, LGBTQI
4111 Barbara Loop SE, Suite E1, Rio Rancho, NM 87124
Phone: 505-715-9587

Southwest Neuropsychology & Behavioral Health LLC
Individual and Family Therapy
Location #1: 400B Montgomery Blvd. NE, Suite 103, Albuquerque NM 87109 Location #2: 6300 Riverside Plaza Ln. NW Suite 210, Albuquerque NM 87120
Phone: 505-247-4900
Email: admin@swneuropsych.com
Website: https://www.swneuropsych.com

Kaseman Child & Adolescent Behavioral Health Clinic
Therapy and Mediation Management
8312 Kaseman Ct. NE, Albuquerque NM 87110
Phone: 505-291-5300

ART Therapy

American Art Therapy Association:
Information, resources, and education
Website**: https://lifechangetherapy.net/**

IEATA, International Expressive Arts Therapy Association:
Information, resources, and education
Website: **https://www.ieata.org/**

Art Therapists (Albuquerque):

Emily Guilbert, MA, LPCC, ERYT500, CIMHP
Expressive Therapies Counseling
https://www.psychologytoday.com/us/therapists/expressive-therapies-counseling--albuquerque-nm/907811
emilyeguilbert@integrative-counseling-services.com
505-503-5072
Abigail Carter. LPCC, LPAT, LADAC *Specializes in teens
Phone: 505-484-2351

Christy Tackwell, LPCC, LPAT ATR

Center for Creative Studies Inc. 5
Phone: 505-465-4963 x151

Dianne Barnes, LPCC, LPAT, ATR-BC, NCC
Phone: 505-322-6800

Tess Amy Gaudet, LPCC ATR
Phone: 505-365-6628

Equine Therapy:

Equine Therapeutic Connections (A NM Non-Profit Corp.)
Equine-assisted psychotherapy (EAP) & Therapeutic riding
Deborah D. Pierson
10138 Bosque Circle NW
Albuquerque, NM 87114
Phone: 505.488.0990
Website: https://etcnm.org/

Loving Thunder, Therapeutic Riding
Rio Rancho, NM
Phone: (505)-554-9493
Website: **https://lovingthunder.com/**

Online Counseling: Professional Licensed Therapists

Talkspace https://lp.talkspace.com

Betterhelp https://www.betterhelp.com

Teen Counseling https://www.teencounseling.com

Psychiatry

UMN Children's Psychiatric Center
1001 Yale Blvd. NE, Albuquerque NM 87106 Phone: 505-272-0053

Integrative Psychiatry Santa Fe
Holistic psychiatry and psychotherapy services
Office: (505) 417-7514
Fax: 1-(505) 605-7152
Email: mindicine@gmail.com
Website: http://mindicine.com/

Holistic Psychiatry, Sudha Rani Kailas, MD, PhD
Website: https://www.vedicpsychiatry.com/
Phone: (505) 428-9504

Neuropsychological Evaluations

UNM Neuropsychology
915 Vassar Dr. NE Suite 170, Albuquerque NM 87106
Phone: 505-272-8833
Website: https://hsc.unm.edu/health/patient-care/neuropsychology/index.html

Southwest Neuropsychology & Behavioral Health LLC
Assessment and Psychiatry
320 Gold Ave. SW, Suite 1001, Albuquerque NM 87102 Phone: 505-247-4900
Website: https://www.swneuropsych.com

Inpatient Psychiatric Care

UNM Children's Psychiatric Center
Inpatient Hospitalization, Psychological Assessments, Therapy, and Psychiatry 1001 Yale Blvd. NE Albuquerque NM 87106
Phone: 505-272-2890

Kaseman Inpatient Psychiatric Services
Inpatient Hospitalization, Psychological Assessments, Therapy, and Psychiatry 8300 Constitution Ave. NE, Albuquerque NM 87110 Phone:505-291-2540

Adult Treatment Center:

Life Healing Center of New Mexico (Santa Fe)
Residential treatment programs for adults 18+, art therapy, equine therapy, somatic experiencing, ecotherapy, and more
Website: https://www.life-healing.com/

Crisis Information*

*In an Emergency call 911

Agora Crisis Center
24/7 Hotline & Online Chat
Phone: 505-277-3013 or 855-505-4505
Website: www.Agoracares.org

Lifeline

Suicide Prevention
Ayuda en Espanol: https://suicidepreventionlifeline.org/help-yourself/en-espanol/
Cuando usted llama al numero: 1-888-628-9454
English Website: https://suicidepreventionlifeline.org/
Phone: 1-800-273-8255

Teen Dating Abuse Hotline
Call, Chat, Text
Phone: 1-866-331-9474
Text: LOVEIS to 22522
Website: https://www.loveisrespect.org

Rape Crisis Center of New Mexico
Phone (24 hour Hotline): 505-266-7711
Phone (Counseling Services): 505-266-7712
Puede llama 24 horas. Se Habla Espanol.

Sexual Assault Nurse Examiner (SANE)
24/7 Dispatch: 505-884-7263

The Trevor Project
Suicide Prevention Helpline for LGBTQI Youth
Phone: 866-488-7386 (U.4.Trevor)

ABQ Domestic Violence SANE Collaborative
Phone (24 hour Hotline): 505-884-7263 Phone: 505-883-8720
Email: info@abqsane.org

Domestic Violence Resource Center
HelpLine: 505-248-3165

Additional Resources:

Transgender Resources Center of NM : (505) 440-3402

NM Asian Family Center : (505) 717-2877

Enlace Comunitario
Serving Latino immigrants and those experiencing domestic violence
Bilingual services are available. Se Habla Espanol.
Phone: (505) 246-8972

DVRC Advocates
Advocacy for domestic violence survivors
Phone:(505) 248-3165
Email: dvrc@dvrcnm.org

VAWA Immigration Project, Catholic Charities
Legal representation for immigrant victims of domestic violence and sexual assault
Phone: (505) 724-4662. Se Habla Espanol.
Website: https://www.ccasfnm.org/immigration.html

Catholic Charities of Albuquerque
Providing a variety of free resources to the community including: Affordable housing, refugee support, education, childcare, and legal counsel Casa De Corazon -
Main Campus:
2010 Bridge Blvd SW Albuquerque, NM 87105
Phone: (505) 724-4670. Se Habla Espanol.
https://www.ccasfnm.org

Planned Parenthood
701 San Mateo NE Albuquerque, NM 87108
Phone 505-265-9511
https://www.plannedparenthood.org

Roadrunner Food Bank
Phone: 505.247.2052, 866.327.0267
Email: info@rrfb.org
Website: https://www.rrfb.org/

APS Clothing Bank
https://www.aps.edu/community/clothing-bank
Phone: 505-248-1873
Email: clothing.bank@aps.edu